

OCTOBER 2020

CENTRAL KITCHEN 740-922-6347



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Patty Scalloped Potatoes Spinach Pears	2 Kitchen Closed
5 Kielbasa Sauerkraut Mashed Potatoes Peaches	6 Fish Sweet Potatoes Beets Apricots	7 Pizzaburger French Fries Broccoli Pineapple	8 Chef Salad Ham,Turkey,Egg, Cheese, Lettuce, Cukes Tomato,Gr Peppers Fruit Cocktail	9 Kitchen Closed
12 CLOSED COLUMBUS DAY!!!	13 Liver & Onions Mashed Potatoes Peas Pineapple	14 Beef Stew with Carrots/Celery Raspberry Fluff	15 Turkey/Bacon/ Cheese Sub Vegetable Soup Peaches	16 Kitchen Closed
19 Steak & Gravy Mashed Potatoes California Blend Pears	20 Chicken Patty Potato Wedges Broccoli Fruit Juice	21 Goulash Green Beans Carrots Applesauce	22 Turkey Cobb Salad Lettuce, Tomato, Onions, Peas, Cukes Mandarin Oranges	23 Kitchen Closed
26 Chili Cornbread Pears	27 Ckn Leg/Thigh Lima Beans Carrots Pineapple	28 Swiss Steak with Gravy Mashed Potatoes Italian Blend Fruit Juice	29 Tuna Salad Cold Baked Beans Pickled Beets Peaches Pudding	30 Kitchen Closed

NOTES

All meals include choice of bread (White or Wheat) and choice of milk (Whole, 2%, skim, or buttermilk) or fruit juice.

All menus are subject to change.

You have the option to select an alternative entrée or side (Cook's Choice) for any given menu if you provide a 1 week notice to the kitchen.

Please refrigerate your meal if it will not be consumed upon delivery. If your meal is not consumed within 2 days of delivery, please discard.