

OCTOBER 2020 CK Ingredients

Chicken Breast Patty - Boneless chicken breast with rib meat, water, seasoning [chicken broth powder(chicken broth, salt, flavorings), salt, sugar, vegetable stock (carrot, onion, celery), maltodextrin, garlic powder, and flavors], salt, sodium phosphates. **BREADED WITH:** Bleached wheat flour, water, wheat flour, salt leavening (sodium acid, pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract. Breeding set in vegetable oil. **Scalloped Potatoes** – Potatoes, cornstarch, maltodextrin (from corn), whey (from milk), enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, palm oil, monosodium glutamate, onion, yeast extract, spices, mono and diglycerides, sodium caseinate(from milk), natural flavor, nonfat dry milk, refined soybean oil, dipotassium phosphate, paprika, annatto extract, yellow 5, modified cornstarch. **Spinach** – spinach, water, salt. **Pears** – Pears, water, pear juice concentrate.

Kielbasa Sausage with Sauerkraut– made with pork, turkey and beef (meat ingredients (Pork, beef), water turkey, corn syrup, contains 2% or less of: salt, natural flavors, dextrose, isolated soy product, isolated soy protein, sodium phosphate, monosodium glutamate, sodium erythorbate, sodium nitrite. **Sauerkraut** – Cabbage, water, distilled vinegar, salt, sodium benzoate (Preservative), sodium metabisulfite (preservative), natural flavors, polysorbate 80. **Mashed Potatoes** – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco). **Peaches** – peaches, citric acid, water, sugar.

Alaskan Pollock Portions–Alaska Pollock, sodium tripolyphosphate (71.50%) Coating (28.50%) Water, potatoes [potatoes, vegetable oil (Canola, Corn, cottonseed and/or soybean)], whole wheat flour, enriched wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), whole yellow corn meal, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) contains less than 2% of: yellow corn flour, modified corn starch, salt, corn starch, sugar, whey, yeast, leavening (sodium bicarbonate, sodium aluminum phosphate), natural flavor, egg preferred in canola, cottonseed and/or soybean oil. Contains: Fish (Alaska Pollock), wheat, milk, eggs. **Sweet Potatoes** – sweet potatoes, water, corn syrup, sugar (Allens). **Beets** – Beets, water and salt. **Apricots** – Apricots, water, sugar and citric acid.

Pizzaburger Patty – Beef, water, textured vegetable protein (textured soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin a palmitate, calcium pantothenate, thiamin mononitrate, pyridoxine hydrochloride, riboflavin, vitamin B-12). Seasoning (salt, dehydrated onions, dehydrated red and green bell peppers, black pepper, monosodium glutamate, garlic powder). **Mozzarella Cheese** – low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. **ALLERGEN STATEMENT:** contains milk. **Pizza sauce** – Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Oven Fries** - Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. **Broccoli** – broccoli, water, salt. **Pineapple** – pineapple, pineapple juice.

Chef Salad: Lettuce, tomato, cucumber, green pepper, egg, **Fully Cooked Turkey Breast** – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, ANNATTO (VEGETABLE COLOR). POTATO STARCH AND POWDERED CELLULOSE ADDED TO PREVENT CAKING.** Contains: Milk. **Cheddar Cheese** (Pasteurized Milk, Cheese cultures, salt, enzymes), onions, Disodium phosphate, garlic, natural flavor, sodium stearoyl lactylate, calcium lactate, potassium chloride, disodium inosinate and disodium guanylate, yellow 5 lake, yellow 6 lake. **Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid.

Liver & onions – beef liver, onions, flour - Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid. CONTAINS: WHEAT. **Mashed Potatoes** – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco). **Peas** – peas, water, sugar, salt. **Pineapple** – pineapple, pineapple juice.

Beef Stew with Potatoes, Carrots and Onions – Water, Beef, Potatoes, carrots, celery, textured vegetable protein powder (soy flour, caramel color), modified food starch, tomato paste, salt, dehydrated celery, dehydrated onion, sugar, caramel powder, paprika, black pepper, celery seed. (contains soy). **Raspberryl Fluff** – **Raspberryl Gelatin, sugarfree:**Adipic Acid, Sodium Citrate, Gelatin, Sucralose, Acesulfame K, Fumaric Acid, Maltodextrin, Natural & Artificial Flavors, Natural & Artificial Colors (May Contain F,D,&C Yellow #5, F,D,&C Red #3, F,D,&C Red #40, Blue #1). **Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate. **Whipped Topping** - WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR).

Turkey, cheese and bacon sandwich - Fully Cooked Turkey Breast – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **American Cheese Slices** - CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, , COLOR (ANNATTO, PAPRIKA, APO CAROTENAL AND BETA CAROTENE), ACETIC ACID, ENZYMES, SOY LECITHIN. **ALLERGEN INFORMATION:** CONTAINS: MILK, SOY. **Bacon** – Cured with water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite. **Vegetable soup** - Potatoes, Beef Stock, Tomato Puree (Water, Tomato Paste), Carrots, Peas, Green Beans, Corn, Enriched Macaroni Product (Wheat Flour, Egg White Solids, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Onions, Sugar, Contains Less Than 2% Of: Salt, Potato Starch, Barley, Celery, Hydrolyzed Yeast Protein, Monosodium Glutamate, Yeast Extract, Beef Fat, Dextrose, Flavoring, Oleoresin Paprika. **Peaches** – peaches, citric acid, water, sugar.

Steak with Gravy – beef, onions, tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Mashed Potatoes** – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco).

California Blend - Broccoli cuts, cauliflower, carrots, water. **Pears** – Pears, water, pear juice concentrate.

Chicken Breast Patty - Boneless chicken breast with rib meat, water, seasoning [chicken broth powder(chicken broth, salt, flavorings), salt, sugar, vegetable stock (carrot, onion, celery), maltodextrin, garlic powder, and flavors], salt, sodium phosphates. **BREADED WITH:** Bleached wheat flour, water, wheat flour, salt leavening (sodium acid, pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract. Breeding set in vegetable oil. **Potato wedges** - Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. **Broccoli** – broccoli, water, salt. **Fruit juice.**

Beef Goulash – Ground beef, **Elbow Macaroni** - Durum wheat semolina, water, Green peppers, onion. **Tomato Juice** – Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid). (Red Gold). **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **Diced Tomatoes** – Vine-ripened fresh tomatoes, tomato juice, salt, calcium chloride and naturally derived citric acid, onions. **Green Beans** – green beans, water, salt. **Canned Carrots** – Carrots, water. **Unsweetened Applesauce** – Apples, water, ascorbic acid.

Turkey Cobb Salad - Fully Cooked Turkey Breast – Turkey breast(includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Lettuce. Tomato. Onion. Cucumber. Peas**- peas, water, sugar, salt **Mandarin Oranges** – mandarin orange segments, water and sugar.

Chili – Ground beef. **Kidney Beans:** prepared kidney beans, water, salt, and calcium chloride, disodium EDTA added as a preservative, **Tomato Juice:** Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid). **Diced Tomatoes** - Vine-ripened fresh tomatoes, tomato juice, salt, calcium chloride and naturally derived citric acid, onions. **Chili Powder:** CHILI PEPPER, SPICES, SALT, SILICON DIOXIDE (ADDED TO MAKE FREE FLOWING), AND GARLIC. **Cornbread** - Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), degermed yellow cornmeal, sugar, partially hydrogenated soybean and cottonseed oils, dextrose. Contains 2% or less of the following: baking soda, sodium aluminum phosphate, sodium acid pyrophosphate, monocalcium phosphate, salt, whey (milk protein), wheat protein isolate, soy flour, guar gum, xanthan gum. **Pears** – Pears, water, pear juice concentrate.

Chicken Leg & Thigh - chicken leg quarter, salt, pepper. **Lima Beans** – Lima beans, water, salt (Sysco). **Carrots** – carrots, water. **Pineapple** – pineapple, pineapple juice.

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Swiss Steak with Gravy – beef, onions, tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Mashed Potatoes** – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco). **Italian Vegetables** - Zucchini, carrots, cauliflower, Italian green beans, lima beans. **Fruit Juice**.

Tuna Salad - DRESSING (Celery, Salad Dressing [Soybean Oil, Water, Vinegar, Sugar, Egg Yolks, Modified Food Starch, Salt, Mustard Flour, Spice, Paprika, Natural Flavor, Dried Garlic], High Fructose Corn Syrup, Sugar, Salt, Citric Acid, Carrageenan [Carrageenan, Dextrose], Spices), TUNA (Tuna Fish, Water, Salt), ROLLED OATS, SWEET RELISH (Pickles, Corn Syrup, Distilled Vinegar, Water, Salt, Red Peppers, Xanthan Gum, Natural Flavors, Calcium Chloride, Polysorbate 80, Sodium Benzoate, Yellow #5), RED BELL PEPPERS (Red Bell Peppers, Water, Citric Acid), SUGAR, MODIFIED CORN STARCH, ONIONS, CITRIC ACID. **Baked Beans** – water, navy beans, sugar, tomato paste, salt, dark brown sugar, vinegar, molasses, pork and bean seasoning (Dextrose, onion powder, garlic powder, natural flavor, spice extractive (Paprika)), mustard flour, oleoresin paprika.) **Pickled beets**- Beets, water, high fructose corn syrup, vinegar, salt, natural flavor. **Peaches** – peaches, citric acid, water, sugar. **SugarFree Pudding** – modified cornstarch, corn maltodextrin, tetrasodium pyrophosphate and disodium phosphate. Contains less than 2% natural and artificial flavor, salt, calcium sulfate, xanthan gum, mono- and diglycerides, aspartame and acesulfame, potassium, tetrapotassium pyrophosphate, dipotassium phosphate, yellow 5, yellow 6, artificial color, Bha (preservatives).

White Bread – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Buns** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, calcium sulfate, calcium phosphate, calcium propionate (preservative), monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, sesame seeds. **Contains: Wheat**

Club Crackers – Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate (Vitamin B), riboflavin (Vitamin B2), folic acid, Vegetable oil (Canola, corn palm and/or soybean oil), sugar corn syrup, salt, leavening (Baking soda, monocalcium phosphate), soy lecithin.

Cornbread - Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), degermed yellow cornmeal, sugar, partially hydrogenated soybean and cottonseed oils, dextrose. Contains 2% or less of the following: baking soda, sodium aluminum phosphate, sodium acid pyrophosphate, monocalcium phosphate, salt, whey (milk protein), wheat protein isolate, soy flour, guar gum, xanthan gum.

Saltine Crackers – enriched flour(wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil with TBHQ for freshness, salt, corn syrup, contains 2% or less of leavening (baking soda, yeast), soy lecithin. CONTAINS: WHEAT AND SOY INGREDIENTS.

Apple Juice – filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate

Grape Juice – Filtered water, grape juice concentrate

Orange Juice – 100% Pure Orange Juice.

Orange-Pineapple Juice – Orange and Pineapple juice from concentrate

Margarine: Liquid and Partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. Contains Milk, Soybean.

Zesty Italian Dressing and Marinade – Distilled vinegar, water, vegetable oil(soybean oil, canola oil), high fructose corn syrup, salt, contains less than 2% of garlic, red bell peppers, onion, xanthan gum spice, paprika, with potassium sorbate and calcium disodium EDTA to protect freshness.

Ranch Dressing – Soybean oil, cultured buttermilk (includes lowfat milk, salt), water, vinegar, high fructose corn syrup salt, contains less than 2% of egg yolk, garlic, onion, sour cream (cream, nonfat milk, cultures), cultured nonfat milk, citric acid, locopherols, and ascortyl palmitate, spice, autolyzed yeast extract, lactic and phosphoric acids, polysorbate 60, xanthan gum, sodium benzoate and calcium disodium EDTA, disodium inosinate, disodium guanylate.

Fat Free Milk – Nonfat Milk, Vitamin A Palmitate, Vitamin D3

2% Reduced Fat Milk – Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3

Italian Bread - ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: HIGH FRUCTOSE CORN SYRUP, SALT, SOYBEAN OIL, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYME

Saltine Crackers – enriched flour(wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil with TBHQ for freshness, salt, corn syrup, contains 2% or less of leavening (baking soda, yeast), soy lecithin. CONTAINS: WHEAT AND SOY INGREDIENTS.

Mustard – Distilled vinegar, water, mustard seed, salt, turmeric, paprika spices.

Mayo – Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. (sysco)

Tomato Ketchup – Tomato Concentrate, High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Onion Powder, Spice, Natural Flavors.