

NOVEMBER 2020 SK Ingredients

Macaroni and Cheese - Elbow Macaroni - Durum wheat semolina, water. **Cheddar Cheese Sauce** – Water, vegetable oil (contains one or more of canola oil, soybean oil, sunflower oil), modified corn starch, cheddar cheese (Cultured milk, salt enzymes, annatto color), whey, contains 2% or less of corn starch, salt, sodium phosphate, rice flour, mono- and diglycerides, yeast extract, cellulose gum, lactic acid, annatto color, natural flavors, anhydrous milkfat, FD & C yellow No. 6, maltodextrin, nonfat dry milk (contains: milk). (Sysco). **Stewed Tomatoes** – Tomatoes, tomato juice, sugar, salt, dried onion, dried celery, dried bell pepper, citric acid, calcium chloride, and natural flavorings. **Peas and Carrots** – peas, carrots, water, salt. **Tropical Fruit** – pineapple, red papaya, yellow papaya, guava, water, sugar, citric acid.

Chicken Patty- Chicken Breast meat with rib Meat, Water, Seasoning [Dextrose, Salt, Spices, Dehydrated Garlic, Sodium Tripolyphosphate, Maltodextrin, Dehydrated Onion, Grill Flavor(from Partially Hydrogenated Cottonseed and Soybean Oil), Modified Corn Starch, Corn Syrup Solids, Spice Extractive], Isolated Soy Protein (Isolated Soy Protein, Modified Food Starch, Cornstarch, Carrageenan), Sodium Phosphate. **Oven Fries** - Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. **Green Beans**- green beans, water, salt. **Jello with Fruit - Jello** – Gelatin, adipic acid, potassium citrate, maltodextrin, aspartame, fumaric acid, artificial flavor, red 40, blue 1. **Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid.

Hamburger Gravy – Ground beef, **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto.

Mashed Potatoes – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco). **California Blend** - Broccoli cuts, cauliflower, carrots, water. **Unsweetened Applesauce** – Apples, water, ascorbic acid.

Tater Tot Casserole- Tater Tots - Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate.- **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. Campbells. – **ground beef – onions. Lima Beans** – lima beans, water, salt. **Carrots** – carrots, water, salt. **Pineapple** – pineapple, pineapple juice.

BBQ Chicken - Chicken, Barbecue Sauce (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Food Starch, Contains Less Than 2% of: Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate, Molasses, Corn Syrup, Garlic, Sugar, Tamarind, Natural Flavor), Seasoning (Dextrose, Sugar, Salt [Coated With Vegetable Shortening], Tomato Powder, Sodium Diacetate, Spices, Onion and Garlic Powder, Spice Extracts, Smoke Flavor), May Contain Sodium and Potassium Phosphates, and Ascorbic Acid), Water, Textured Vegetable Protein (Soy Flour), Salt. **Cheesy potatoes** – potatoes, **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. CONTAINS: MILK. **Cream of Chicken Soup** – Chicken stock, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of: salt, dehydrated mechanically separated chicken, soy protein concentrate, monosodium glutamate, chicken fat, water, yeast extract, flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto) onion extract. **Sour Cream** – cultured milk, cream, contains less than 2% of: whey, food starch-modified (corn), sodium phosphate (sodium tripolyphosphate), guar gum, carrageenan, calcium sulfate, locust bean gum, potassium sorbate. CONTAINS: MILK. **Oriental Blend:** Green beans, broccoli, onions, mushrooms, red peppers, water. **Fruit Juice.**

Cabbage Roll - cabbage. Ground beef. **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **White rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid. **Bread crumbs** -Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Mashed Potatoes** – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco). **Peas** – peas, water, sugar, salt. **Pears** – Pears, water, pear juice concentrate.

Sloppy Joes – ground beef, tomato puree, high fructose corn syrup, distilled vinegar, corn syrup, less than 2% of salt, sugar, dried green and red bell peppers, chili pepper, tomato fiber, guar gum spices, xanthan gum, dried garlic, natural flavors, citric acid. (Con agra foods). **Roasted Corn Chowder- Corn** - Golden Whole Kernel Corn, Water, Sugar, Salt. **White Potatoes. Cream Soup Base** – maltodextrin, food starch-modified, coconut oil, whey, lactose, salt, sugar, xanthan gum, sodium caseinate, flavor [Hydrolyzed corn protein, yeast extract, lactic acid powder (lactic acid, calcium lactate), flavoring, disodium inosinate, disodium guanylate], dipotassium phosphate, soybean oil, garlic powder, spice, annatto. CONTAINS: MILK. **Cole Slaw** – Cabbage, carrots, celery seed, Mayo (Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. **Peaches** – peaches, citric acid, water, sugar.

Country Fried Steak – beef steak. **Bread crumbs** -Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. Salt. Pepper. Egg. Milk. **Mashed Potatoes** – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco). **Peas & Carrots** – peas, carrots, water, salt, sugar.

Unsweetened Applesauce – Apples, water, ascorbic acid.

Baked Pork Chops: Pork Loin, Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin (a B Vitamin), Iron, Thiamin (Vitamin B2), Folic Acid (a B Vitamin). **Baked Potato** – white potatoes.

Carrots - carrot, water, salt. **Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid.

Meatloaf - Ground beef, eggs, bread crumbs, onions, seasoning onions, green peppers. **Scalloped Potatoes** – Potatoes, cornstarch , maltodextrin (from corn), whey (from milk), enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, palm oil, monosodium glutamate, onion, yeast extract, spices, mono and diglycerides, sodium caseinate(from milk), natural flavor, nonfat dry milk, refined soybean oil, dipotassium phosphate, paprika, annatto extract, yellow 5, modified cornstarch. **Mixed Vegetables** – Carrots, French Style Green Beans, Corn, Peas, water. **Tropical Fruit** – pineapple, red papaya, yellow papaya, guava, water, sugar, citric acid.

Ravioli - Enriched durum flour (durum wheat flour, niacin, ferrous sulfate, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), water, seasoned beef (beef, water, seasoning [dextrose, salt, onion]), beef, part skim ricotta cheese (whey, cream, vinegar, carrageenan), whole egg, grilled onion, bread crumb (enriched flour [wheat flour, niacin, reduced iron, thiamin mononitrate {vitamin B1}, riboflavin {vitamin B2}, folic acid], sugar, soybean oil, yeast), parmesan cheese (pasteurized milk, cheese cultures, salt, enzymes), beef sirloin seasoning (roasted beef sirloin including beef juices, salt, potato flour, sugar, autolyzed yeast extract [soy], caramel color, grill flavor [flavor {from vegetable oil}, food starch-modified, corn syrup solids, salt, toasted wheat germ, and maltodextrin], natural flavorings, corn oil, beef flavor {contains beef fat and flavor}), beef stock, sodium lactate, salt, flavor), salt, corn starch-modified, dehydrated red bell peppers, caramel color, garlic puree (garlic, high fructose corn syrup), spices. CONTAINS: Wheat, Milk, Eggs, Soy. **Corn** - Golden Whole Kernel Corn, Water, Sugar, Salt. **Tossed Salad** - Iceberg lettuce, red cabbage, carrots, tomatoes. **Apple Crisp** – Sliced apples, topping: Brown sugar (sugar, molasses), oatmeal, cinnamon.

Grilled cheese sandwich - American Cheese Slices - CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, , COLOR (ANNATTO, PAPRIKA, APO CAROTENAL AND BETA CAROTENE), ACETIC ACID, ENZYMES, SOY LECITHIN. ALLERGEN INFORMATION: CONTAINS: MILK, SOY. **White Bread** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Campbell's Tomato Soup** – Tomato puree (water, tomato paste), high fructose corn syrup, wheat flour, water , contains less than 2% of: salt, potassium chloride, flavoring, citric acid, ascorbic acid (Vitamin C), monopotassium phosphate, celery extract, garlic oil. **Cole Slaw** – Cabbage, carrots, celery seed, Mayo (Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. **Pears** – Pears, water, pear juice concentrate.

NOVEMBER 2020 SK Ingredients

Turkey and Gravy – Fully Cooked Turkey Breast – Turkey breast (includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Gravy Mix** – Partially hydrogenated soybean and/or cottonseed oil, enriched bleached flour (Wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Mashed Potatoes** – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco). **Green bean Casserole** – green beans, water, salt (Sysco). **Cream of Mushroom Soup** – Water, mushrooms, vegetable oil (corn, cottonseed, canola, and/or soybean), modified food starch, wheat flour, contains less than 2% of: salt, monosodium glutamate, soy protein concentrate, dehydrated cream (cream [milk], soy lecithin), yeast extract, flavoring, dehydrated garlic. Campbells. **French Fried Onions**- ONIONS, PALM OIL, WHEAT FLOUR, SALT AND DEXTROSE. **Cranberry Salad- Jello** – Gelatin, adipic Acid, potassium citrate, maltodextrin, aspartame, fumaric acid, artificial flavor, red 40, blue 1. **Mandarin Oranges** – mandarin orange segments, water and sugar. Cranberries, Apples, walnuts.

Beef & noodles - beef, **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Winter Blend** – broccoli, cauliflower, water. **Baked Beans** – water, navy beans, sugar, tomato paste, salt, dark brown sugar, vinegar, molasses, pork and bean seasoning (Dextrose, onion powder, garlic powder, natural flavor, spice extractive (Paprika)), mustard flour, oleoresin paprika.) **Mandarin Oranges** – mandarin orange segments, water and sugar.

Chicken Parmesan - Chicken Breast Patty - Boneless chicken breast with rib meat, water, seasoning [chicken broth powder (chicken broth, salt, flavorings), salt, sugar, vegetable stock (carrot, onion, celery), maltodextrin, garlic powder, and flavors], salt, sodium phosphates. BREADED WITH: Bleached wheat flour, water, wheat flour, salt leavening (sodium acid, pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract. Breeding set in vegetable oil. **Spaghetti** – Semolina (wheat), durum flour (wheat), niacin, iron, thiamin mononitrate, riboflavin, folic acid. ALLERGEN INFO: contains wheat ingredients and is manufactured in a facility that uses eggs. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Mozzarella Cheese** – low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. ALLERGEN STATEMENT: contains milk. **Tossed Salad** - Iceberg lettuce, red cabbage, carrots, tomatoes. **Peach crisp** - Sliced peaches, citric acid, water, sugar, topping: Brown sugar (sugar, molasses), oatmeal, cinnamon.

White Bread – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Buns** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, calcium sulfate, calcium phosphate, calcium propionate (preservative), monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, sesame seeds. **Contains: Wheat**
Club Crackers – Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate (Vitamin B), riboflavin (Vitamin B2), folic acid, Vegetable oil (Canola, corn palm and/or soybean oil), sugar corn syrup, salt, leavening (Baking soda, monocalcium phosphate), soy lecithin.
Cornbread - Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), degermed yellow cornmeal, sugar, partially hydrogenated soybean and cottonseed oils, dextrose. Contains 2% or less of the following: baking soda, sodium aluminum phosphate, sodium acid pyrophosphate, monocalcium phosphate, salt, whey (milk protein), wheat protein isolate, soy flour, guar gum, xanthan gum. **Saltine Crackers** – enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil with TBHQ for freshness, salt, corn syrup, contains 2% or less of leavening (baking soda, yeast), soy lecithin. CONTAINS: WHEAT AND SOY INGREDIENTS.

Apple Juice – filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate

Grape Juice – Filtered water, grape juice concentrate

Orange Juice - 100% Pure Orange Juice.

Orange-Pineapple Juice – Orange and Pineapple juice from concentrate

Margarine: Liquid and Partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. Contains Milk, Soybean.

Zesty Italian Dressing and Marinade – Distilled vinegar, water, vegetable oil (soybean oil, canola oil), high fructose corn syrup, salt, contains less than 2% of garlic, red bell peppers, onion, xanthan gum spice, paprika, with potassium sorbate and calcium disodium EDTA to protect freshness.

Ranch Dressing – Soybean oil, cultured buttermilk (includes lowfat milk, salt), water, vinegar, high fructose corn syrup salt, contains less than 2% of egg yolk, garlic, onion, sour cream (cream, nonfat milk, cultures), cultured nonfat milk, citric acid, locopherols, and ascorbyl palmitate, spice, autolyzed yeast extract, lactic and phosphoric acids, polysorbate 60, xanthan gum, sodium benzoate and calcium disodium EDTA, disodium inosinate, disodium guanylate.

Fat Free Milk – Nonfat Milk, Vitamin A Palmitate, Vitamin D3

2% Reduced Fat Milk – Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3

Italian Bread - ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: HIGH FRUCTOSE CORN SYRUP, SALT, SOYBEAN OIL, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYME

Saltine Crackers – enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil with TBHQ for freshness, salt, corn syrup, contains 2% or less of leavening (baking soda, yeast), soy lecithin. CONTAINS: WHEAT AND SOY INGREDIENTS.

Mustard – Distilled vinegar, water, mustard seed, salt, turmeric, paprika spices.

Mayo – Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. (sysco)

Tomato Ketchup – Tomato Concentrate, High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Onion Powder, Spice, Natural Flavors.