

JANUARY 2021 SK Ingredients

Meatball Sub - Meatballs - Beef, pork, water, bread crumbs (wheat flour, salt, and yeast) Romano cheese (pasteurized cow's milk, culture, salt, enzymes) Ricotta cheese (whey, milk, cream, vinegar, and Xanthan gum, locust bean gum, guar gum. (stabilizers)), liquid egg whites, textured soy protein (soy protein concentrate, caramel color), salt dried garlic, spices, parsley, brown sugar, caramel color, disodium inosinate and disodium guanylate, BHA, BHT, citric acid, soy lecithin used as processing aid **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid, **Mozzarella Cheese** – low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), potato starch and powdered cellulose added to prevent caking, natamycin. **ALLERGEN STATEMENT:** contains milk. **Augratin Potatoes:** Potatoes, Cornstarch, Maltodextrin (From Corn), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Cheddar Cheese (Pasteurized Milk, Cheese cultures, salt, enzymes), onions, Disodium phosphate, garlic, natural flavor, sodium stearoyl lactylate, calcium lactate, potassium chloride, disodium inosinate and disodium guanylate, yellow 5 lake, yellow 6 lake. **California Blend** - Broccoli cuts, cauliflower, carrots, water. **Mandarin Oranges** – mandarin orange segments, water and sugar.

Baked Pork Chops: Pork Loin, Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin (a B Vitamin), Iron, Thiamin (Vitamin B2), Folic Acid (a B Vitamin)). **Sweet Potatoes** – sweet potatoes, water, corn syrup, sugar (Allens). **Green Beans** – green beans, water, salt. **Tropical Fruit** – pineapple, red papaya, yellow papaya, guava, water, sugar, citric acid. **Stuffed Peppers** – Green peppers. Ground beef. **White Rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid. **Spaghetti Sauce** - Tomato concentrate (water, tomato paste), corn syrup, spices, salt, citric acid. **Mashed Potatoes** – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco). **Carrots**- carrots, water, salt. **Unsweetened Applesauce** – Apples, water, ascorbic acid.

Chicken Stew with Potatoes, Carrots and Onions – Water, Chicken, Potatoes, carrots, textured vegetable protein product (soy flour, caramel color), modified food starch, tomato paste, salt, dehydrated celery, dehydrated onion, sugar, caramel powder, paprika, black pepper, celery seed. (contains soy). **Cole Slaw** – Cabbage, carrots, celery seed, Mayo (Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor.

Fruited Jello - Jello – Gelatin, adipic Acid, potassium citrate, maltodextrin, aspartame, fumaric acid, artificial flavor, red 40, blue 1. **Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid.

Golden Crispy Chicken Breast Pattie – Boneless chicken breast with rib meat, water, seasoning [chicken broth powder (chicken broth, salt, flavorings), salt, sugar, vegetable stock (carrot, onion, celery), maltodextrin, garlic powder, and flavors], salt, sodium phosphates. **BREADED WITH:** Bleached wheat flour, water, wheat flour, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), wheat gluten, spices, disodium inosinate and disodium guanylate, dried onion, dried red garlic, canola oil, modified palm oils, dextrose, dried yeast, and turmeric extract. Breeding set in vegetable oil. **CONTAINS:** WHEAT. **Oven Fries** - Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. **Lima Beans** – Lima beans, water, salt (Sysco). **Pears** – Pears, water, pear juice concentrate.

Hamburger Gravy – Ground beef, **Homestyle Brown Gravy** – Enriched wheat flour (Flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat starch, beef fat, hydrolyzed soy protein, corn gluten, and wheat gluten, salt, onion, caramel color, corn syrup solids, potassium chloride, disodium inosinate and guanylate, milk, spices, sugar, and paprika and annatto. **Mashed Potatoes** – Potatoes, whey product (contains one or more of the following: whey solids, sodium caseinate, calcium caseinate, calcium hydroxide), mono and diglycerides, sodium acidpyrophosphate, vitamin C (Ascorbic Acid), calcium stearoyl-2-lactylate. (contains milk ingredients) (Sysco). **Corn** - Golden Whole Kernel Corn, Water, Sugar, Salt. **Peaches** – peaches, citric acid, water, sugar.

Macaroni and Cheese - Elbow Macaroni - Durum wheat semolina, water. **Cheddar Cheese Sauce** – Water, vegetable oil (contains one or more of canola oil, soybean oil, sunflower oil), modified corn starch, cheddar cheese (Cultured milk, salt enzymes, annatto color), whey, contains 2% or less of corn starch, salt, sodium phosphate, rice flour, mono- and diglycerides, yeast extract, cellulose gum, lactic acid, annatto color, natural flavors, anhydrous milkfat, FD & C yellow No. 6, maltodextrin, nonfat dry milk (contains: milk). (Sysco). **Peas** – peas, water, sugar, salt. **Stewed Tomatoes** – Tomatoes, tomato juice, sugar, salt, dried onion, dried celery, dried bell pepper, citric acid, calcium chloride, and natural flavorings. **Fruit Cocktail** – pears, peaches, water, pineapple, grapes, sugar, cherries colored with FD & C Red #3, and citric acid.

Sloppy Joes – ground beef, tomato puree, high fructose corn syrup, distilled vinegar, corn syrup, less than 2% of salt, sugar, dried green and red bell peppers, chili pepper, tomato fiber, guar gum spices, xanthan gum, dried garlic, natural flavors, citric acid. (Con agra foods). **Tater Tots** - Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate. **Winter Blend** – broccoli, cauliflower, water. **Orange Fluff - Mandarin Oranges** – mandarin orange segments, water and sugar. **Marshmallows** - Corn Syrup, Sugar, Modified Food Starch (corn), Gelatin, Water, Dextrose, Natural and Artificial Flavor, Tetrasodium Pyrophosphate. **Whipped Topping** - WATER, HYDROGENATED VEGETABLE OILS (COCONUT AND PALM KERNEL OILS), CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, LESS THAN 2% OF SODIUM CASEINATE (FROM MILK), ARTIFICIAL FLAVOR, POLYSORBATE 60, SORBITAN MONOSTEARATE, GUAR GUM, XANTHAN GUM, BETA CAROTENE (COLOR).

Ham Pot Pie – **Cooked Ham** - Cured with water, dextrose, salt, potassium lactate, modified food starch, sodium phosphates, sodium diacetate, sodium erythorbate, smoke flavoring, sodium nitrite. **Potatoes. Mixed Vegetables** – Carrots, French Style Green Beans, Zucchini, Squash, **Cream of Chicken Soup** – Chicken stock, vegetable oil, modified food starch, wheat flour, cream (milk), contains less than 2% of: salt, dehydrated mechanically separated chicken, soy protein concentrate, monosodium glutamate, chicken fat, water, yeast extract, flavoring, beta carotene for color, chicken flavor, celery extract, butter (cream [milk], annatto) onion extract, **Biscuits** – Enriched bleached flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin, folic acid), water, vegetable shortening (palm oil), nonfat dried milk, contains 2% or less of the following: sugar, sodium bicarbonate, sodium aluminum phosphate, salt, wheat starch, sodium caseinate, sodium acid pyrophosphate, whey powder, datem, mono and diglycerides, enzyme, natural flavor, dry buttermilk **Carrot/Raisin Salad** – Carrots, Raisins, **Salad Dressing** - Water, Soybean Oil, Distilled Vinegar, Corn Syrup, Sugar, Food Starch-Modified, Egg Yolk, Salt, Calcium Disodium EDTA to Protect Flavor, Paprika, Aquaresin Paprika (Color). **CONTAINS:** EGG. **Tropical Fruit** – pineapple, red papaya, yellow papaya, guava, water, sugar, citric acid.

Meatloaf - Ground beef, eggs, bread crumbs, onions, seasoning onions, green peppers. **Scalloped Potatoes** – Potatoes, cornstarch, maltodextrin (from corn), whey (from milk), enriched bleached wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, palm oil, monosodium glutamate, onion, yeast extract, spices, mono and diglycerides, sodium caseinate(from milk), natural flavor, nonfat dry milk, refined soybean oil, dipotassium phosphate, paprika, annatto extract, yellow 5, modified cornstarch. **Peas & Carrots** – peas, carrots, water, salt. **Mandarin Oranges** – mandarin orange segments, water and sugar.

Creamed Dried Beef- Water, Smoked Beef Strips (Beef, Water, Salt, Sugar, Corn Syrup, Flavorings, Sodium Nitrite), Food Starch-Modified, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes, Calcium Chloride), Butter (Sweet Cream, Salt), Cream, Sugar, Palm Oil, Titanium Dioxide, Sodium Phosphates, Hydrolyzed Wheat Protein, Maltodextrin, Disodium Inosinate, Disodium Guanylate. **COMMON ALLERGENS PRESENT:** Wheat, Milk. **Hash Browns** - Potatoes, vegetable oil (soybean, canola, cottonseed, and/or sunflower), dextrose, disodium dihydrogen pyrophosphate. **Unsweetened Applesauce** – Apples, water, ascorbic acid. **Orange Juice.**

Chicken, Rice Casserole – chicken, Chicken Broth, Salt, Sea Salt, Flavor (Salt, Dextrose, Torula Yeast, Yeast Extract, Natural Flavors, Canola Oil, Onion Powder, Extractive of Turmeric), Chicken Fat, Sugar, Yeast Extract, Flavorings, Disodium Inosinate, Disodium Guanylate, Onion Powder, Oleoresin Turmeric. **White Rice** - Enriched long grain rice, iron (ferric orthophosphate), niacin, thiamine (thiamine mononitrate), and folic acid. **Mixed Vegetables** – Carrots, French Style Green Beans, Corn, Peas, water. **Oriental Blend:** Green beans, broccoli, onions, mushrooms, red peppers, water. **Pineapple** – pineapple, pineapple juice.

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Turkey Rollup – Fully Cooked Turkey Breast – Turkey breast (includes White Turkey), Turkey Broth, Contains 2% or less of salt, modified food starch, Dextrose, Carrageenan, Sodium Phosphates. **Gravy Mix** - Partially hydrogenated soybean and/or cottonseed oil, enriched bleached flour (Wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid). Food starch-modified, corn syrup solids, salt, sodium caseinate, contains less than 2% carrageenan, mono & diglycerides, artificial flavor, color added. **Dressing/stuffing** – bread (Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin.), onions, celery, eggs, broth (- chicken stock (water, concentrated chicken stock), chicken flavor (chicken stock, salt, yeast, extract dextrose, celery juice concentrate, carrot juice concentrate, onion juice concentrate, salt, dextrose, flavor). **Sweet Potatoes** – sweet potatoes, water, corn syrup, sugar (Allens). **Cole Slaw** – Cabbage, carrots, celery seed, Mayo (Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. **Peach crisp** - Sliced peaches, citric acid, water, sugar, topping: Brown sugar (sugar, molasses), oatmeal, cinnamon.

Hamburger Casserole – ground beef. **Egg Noodles** - Semolina, Durum Flour, Egg Yolk, Niacin, Ferrous Sulfate (Iron), Thiamin, Mononitrate, Riboflavin, Folic Acid. **Cheddar Cheese** – cheddar cheese (pasteurized milk, cheese culture, salt, enzymes, annatto, modified cornstarch added to prevent caking, natamycin. **Tomato Sauce** – Tomato puree (water, tomato paste), high fructose corn syrup, salt, dried peppers, citric acid. **Peas** – peas, water, sugar, salt. **Canned Corn** - Golden Whole Kernel Corn, Water, Sugar, Salt. **Baby carrots**- carrots, water, salt. **3 Bean Salad** – Cut green beans, cut wax beans, water, dark red kidney beans, sugar, corn syrup, vinegar, diced onions, diced red bell peppers, soybean oil, salt, natural flavorings, calcium chloride, disodium EDTA (to preserve color), turmeric **Contains:** soybeans and their derivatives. **Tropical Fruit** – pineapple, red papaya, yellow papaya, guava, water, sugar, citric acid.

Chili – Ground beef. **Kidney Beans:** prepared kidney beans, water, salt, and calcium chloride, disodium EDTA added as a preservative, **Tomato Juice:** Tomato juice from concentrate (water, tomato concentrate), salt, naturally derived citric acid, Vitamin C (ascorbic acid), **Diced Tomatoes** - Vine-ripened fresh tomatoes, tomato juice, salt, calcium chloride and naturally derived citric acid, onions, **Chili Powder:** CHILI PEPPER, SPICES, SALT, SILICON DIOXIDE (ADDED TO MAKE FREE FLOWING), AND GARLIC. **Baked Potatoes.** **Broccoli salad** – broccoli, cauliflower, bacon, onion, cheese, Mayo (Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. **Peaches** – peaches, citric acid, water, sugar.

White Bread – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, yeast, high fructose corn syrup, contains 2% or less of the following: soybean oil, salt, monoglycerides, calcium propionate, monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, soy lecithin. **Buns** – Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, contains 2% or less of the following: salt, wheat gluten, monoglycerides, calcium sulfate, calcium phosphate, calcium propionate (preservative), monocalcium phosphate, corn starch, ammonium sulfate, ascorbic acid, sesame seeds. **Contains: Wheat**

Club Crackers – Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate (Vitamin B), riboflavin (Vitamin B2), folic acid, Vegetable oil (Canola, corn palm and/or soybean oil), sugar corn syrup, salt, leavening (Baking soda, monocalcium phosphate), soy lecithin.

Cornbread - Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), degermed yellow cornmeal, sugar, partially hydrogenated soybean and cottonseed oils, dextrose. Contains 2% or less of the following: baking soda, sodium aluminum phosphate, sodium acid pyrophosphate, monocalcium phosphate, salt, whey (milk protein), wheat protein isolate, soy flour, guar gum, xanthan gum.

Saltine Crackers – enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil with TBHQ for freshness, salt, corn syrup, contains 2% or less of leavening (baking soda, yeast), soy lecithin. **CONTAINS: WHEAT AND SOY INGREDIENTS.**

Apple Juice – filtered water, apple juice concentrate, malic acid, sodium benzoate and potassium sorbate

Grape Juice – Filtered water, grape juice concentrate

Orange Juice - 100% Pure Orange Juice.

Orange-Pineapple Juice – Orange and Pineapple juice from concentrate

Margarine: Liquid and Partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable mono & diglycerides, sodium benzoate, citric acid, natural and artificial flavor, beta carotene, Vitamin A Palmitate added, Whey. Contains Milk, Soybean.

Zesty Italian Dressing and Marinade – Distilled vinegar, water, vegetable oil (soybean oil, canola oil), high fructose corn syrup, salt, contains less than 2% of garlic, red bell peppers, onion, xanthan gum spice, paprika, with potassium sorbate and calcium disodium EDTA to protect freshness.

Ranch Dressing – Soybean oil, cultured buttermilk (includes lowfat milk, salt), water, vinegar, high fructose corn syrup salt, contains less than 2% of egg yolk, garlic, onion, sour cream (cream, nonfat milk, cultures), cultured nonfat milk, citric acid, locopherols, and ascorbyl palmitate, spice, autolyzed yeast extract, lactic and phosphoric acids, polysorbate 60, xanthan gum, sodium benzoate and calcium disodium EDTA, disodium inosinate, disodium guanylate.

Fat Free Milk – Nonfat Milk, Vitamin A Palmitate, Vitamin D3

2% Reduced Fat Milk – Reduced Fat Milk, Vitamin A Palmitate, Vitamin D3

Italian Bread - ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: HIGH FRUCTOSE CORN SYRUP, SALT, SOYBEAN OIL, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYME

Saltine Crackers – enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamin mononitrate], vitamin B2 [riboflavin], folic acid), soybean oil with TBHQ for freshness, salt, corn syrup, contains 2% or less of leavening (baking soda, yeast), soy lecithin. **CONTAINS: WHEAT AND SOY INGREDIENTS.**

Mustard – Distilled vinegar, water, mustard seed, salt, turmeric, paprika spices.

Mayo – Water, soybean oil, high fructose corn syrup, distilled vinegar, modified food starch, corn syrup, egg yolk, salt, paprika, calcium Disodium EDTA added to protect flavor. (sysco)

Tomato Ketchup – Tomato Concentrate, High Fructose Corn Syrup, Vinegar, Corn Syrup, Salt, Onion Powder, Spice, Natural Flavors.