

JANUARY 2021

CENTRAL KITCHEN 740-922-6347



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Kitchen Closed
4 Hamburger Tater Tots Capri Blend Fruit Juice	5 Fish Scalloped Potatoes Beets Mandarin Oranges	6 Stuffed Peppers Mashed Potatoes Carrots Applesauce	7 Sweet/Sour Chicken Cheesy Potatoes Green Beans Tropical Fruit	Kitchen Closed
11 Beef & Noodles Mashed Potatoes Peas & Carrots Apricots	12 Coney Dogs Seasoned Potatoes Brussel Sprouts Pears	13 Honey Mustard Chicken Breast Broccoli Mixed Vegetables Warm Apples	14 Ham & Cheese Potato Salad Cold Baked Beans Fruit Juice	15 Kitchen Closed
18 CLOSED MARTIN LUTHER KING DAY!!	19 Meatball Subs French Fries Baked Beans Fruit Juice	20 Pancakes Potato Triangles Sausage Orange Juice Peaches	21 Chicken Pot Pie Peas & Carrots Fruit Cocktail	22 Kitchen Closed
25 Lasagna with Meat Sauce Cauliflower Tossed Salad Warm Apples	26 Meatloaf Mashed Potatoes Lima Beans Pears	27 Kielbasa Mashed Potatoes Sauerkraut Tropical Fruit	28 Chicken Noodle Soup Carrots Fruit Juice Fruit Jello	29 Kitchen Closed

NOTES

All meals include choice of bread (White or Wheat) and choice of milk (Whole, 2%, skim, or buttermilk) or fruit juice.

All menus are subject to change.

You have the option to select an alternative entrée or side (Cook's Choice) for any given menu if you provide a 1 week notice to the kitchen.

Please refrigerate your meal if it will not be consumed upon delivery. If your meal is not consumed within 2 days of delivery, please discard.